



Weight Management Attendance Record



ASSOCIATE INFORMATION

Name:	Employee ID:
Email:	Telephone:

PROGRAM INFORMATION

Program Name:	Web Address:
Contact Name/Office:	Telephone:
Cost for 12 sessions:	

ADDITIONAL INFORMATION

- To earn this wellness incentive, you must register for *12 sessions and attend at least nine sessions* within a calendar quarter.
 - If your program is not on the list of approved CNO weight management programs, you must submit a Request for Consideration form to [HR Benefits](#).
 - CNO wellness incentives are only available to associates enrolled in a CNO Care Options medical plan.
- Verification of your payment, along with your attendance card should be sent to Kami Reuter kami.reuter@cnoinc.com or fax to (317) 817-4847

Weigh-In

Meeting

(The instructor must initial and date each column to verify attendance.)

Week 1:	_____	_____
Week 2:	_____	_____
Week 3:	_____	_____
Week 4:	_____	_____
Week 5:	_____	_____
Week 6:	_____	_____
Week 7:	_____	_____
Week 8:	_____	_____
Week 9:	_____	_____
Week 10:	_____	_____
Week 11:	_____	_____
Week 12:	_____	_____