

# CIGNA Care Designation

## What is the CIGNA designation?

The CIGNA Care designation is a program that identifies participating doctors in 19 different specialties who meet or exceed specific quality and cost-efficiency criteria for performance. The CIGNA Care designation provides you with important information to consider when you are selecting a specialist such as experience, quality, cost and location.

Allergy/Immunology	General Surgery	Orthopedics
Cardiology	Hematology/Oncology	Otolaryngology (ENT)
Cardiothoracic Surgery	Nephrology	Pulmonary Medicine
Colon and Rectal Surgery	Neurology	Rheumatology
Dermatology	Neurosurgery	Urology
Endocrinology	Obstetrics/Gynecology	
Gastroenterology	Ophthalmology	

## How are specialists evaluated?

- First, we determine that the specialist meets our criteria for treating a minimum of 30 episodes of care for individuals covered by CIGNA in one of the 19 specialties.
- We evaluate the specialists using five quality indicators created or endorsed by third-party health organizations including the National Council for Quality Assurance (NCQA), American College of Surgeons (ACS) Bariatric Surgery Center Network (BSCN) and American Board of Internal Medicine.
- Based on our claims data, we then evaluate certain specialists using quality measures created or endorsed by the Ambulatory Care Quality Alliance (AQA), National Quality Forum (NQF), and Healthcare Effectiveness Data Information Set (HEDIS), or developed by physician organizations. These measures cover specialties that include cardiology, endocrinology, obstetrics/gynecology, pulmonology, and gastroenterology.
- Finally, we assess the doctor's relative efficiency by comparing the doctor's costs to others in similar specialties. We look at the entire cost for a specific illness (including costs for hospital, prescriptions, laboratory tests, x-rays, etc).

## How will it help me?

**Focus on quality and efficiency.** The CIGNA Care designation distinguishes participating doctors based on specific quality and efficiency measures. Generally, those doctors who perform in the top third for efficiency receive the CIGNA Care designation. The CIGNA Care designation focuses on quality and efficiency because the bottom line is not dollars and cents; it's getting you healthy and keeping you that way. In the long run, quality care often can be less expensive.

**Information to help you decide.** You have a lot to think about when choosing a specialist — experience, quality, location and cost, to name a few. Our provider directories (available online and in print) list all participating CIGNA health care professionals and clearly show which have the CIGNA Care designation. The online directory also included additional information on cost and quality. (See example on back.)



Provider Name		CIGNA Care Designation	Address Phone	Group Practice(s)	Distance	Specialty	Quality Distinctions	Cost Value Rating
<input type="checkbox"/>	Skeleton, Endo, MD	Yes	100 Street Avenue Anywhere, CT 12345 (123) 456-7890	Skeleton Medical Associates	9.2 Miles <a href="#">Map</a>	Hematology Internal Medicine Oncology		★★
<input type="checkbox"/>	Marrow Molly, MD	Yes	1 Main Street Anywhere, CT 12345 (123) 100-0000		9.5 Miles <a href="#">Map</a>	Gastroenterology General Practice Internal Medicine		★★★
<input type="checkbox"/>	Patella, Peter, MD	Yes	200 Street Avenue Anywhere, CT 12345 (123) 200-1234	Statewide Medical Group	15.7 Miles <a href="#">Map</a>	Endocrinology And Metabolism Internal medicine		★★★
<input type="checkbox"/>	Peds, Otto, MD	Yes	5 Main Street Anywhere, CT 12345 (123) 456-7890	United Medical Group, Inc.	15.8 Miles <a href="#">Map</a>	Endocrinology And Metabolism Internal medicine		★★★

**Compare Selected**  
Select all least 2 Providers

**This Physician Quality and Efficiency Profile reflects a partial assessment of quality and cost efficiency based on the criteria described below. It should not be used as the sole basis for decision-making, as such measures have a risk of error. We encourage you to consider all relevant factors and consult with your treating physician as you select a specialist for your care.**

**Ratings Key.**

- CIGNA Care Designation
- ★★★ Top Score for Cost Efficiency Measures
- ABIM Practice Improvement Module
- NCQA Recognized
- Adherence to Evidence Based Medicine Standards with performance in approximately the top 33% of practices in the physician's geographic market.
- Meets the CIGNA Group Board Certification Criteria

**Provider Name**  
Lists local physicians treating the condition.

**CIGNA Care Designation**  
The CIGNA Tree of Life identifies specialists with the CIGNA Care designation

**Quality Distinctions**  
Provides industry-defined quality measurements.

**Cost Value Rating**  
Compares selected physicians on quality and cost.

**A doctor's CIGNA Care designation may change.**

In general, CIGNA re-evaluates health care professionals once each year. Before visiting a specialist, always check your provider directory to find out if the doctor is a CIGNA Care designated specialist. You will find the latest information on myCIGNA.com.

When your doctor refers you to a specialist, you may ask yourself:

- I've never seen this specialist before. How do I know I'm getting the care I need?
- I want quality care, but how will this affect my medical expenses?

The CIGNA Care designation can help answer these questions.

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